

THE KENNETH H. COOPER AEROBICS CENTER PRESENTS  
**ORU SWIMMING  
LESSONS 2017**

*Fitness, stroke development, exercise and safety! Students grouped by age and ability with a ratio of five students per teacher. Beginner through Advanced Swimmer, and Competitive Stroke. Great lessons for TEENS! Adults and teens, get 5 friends together and have your own class!*

**LOCATION:** ORU Aerobics Center Pool

**AGE:** 2-year olds through adults

**PRICE:** \$65.00 for Daytime Sessions, \$70.00 for Evening Sessions

**DAYTIME SESSIONS**

*Monday - Friday*

*\$65.00*

*May 29 – June 9*

*June 12 – June 23*

*June 26– July 7*

8:55 AM - 9:35 AM

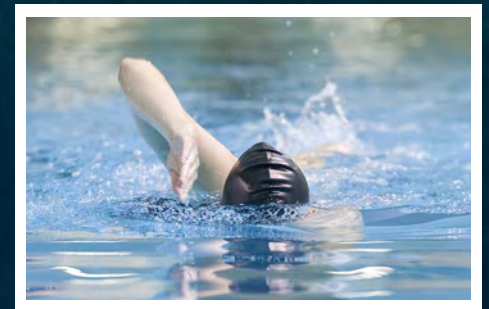
9:35 AM - 10:15 AM

10:15 AM - 10:55 AM

10:55 AM - 11:35 AM

11:35 AM - 12:15 PM

12:15 PM - 12:55 PM



**EVENING SESSIONS**

*Monday - Thursday*

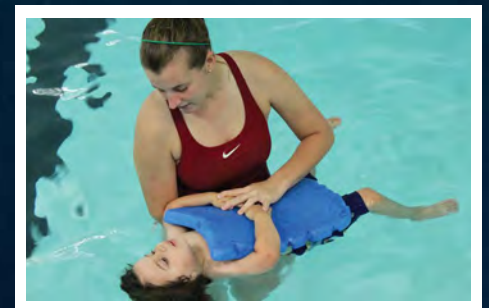
*\$70.00*

*June 5 – June 15*

6:00 PM - 6:50 PM

6:50 PM - 7:40 PM

7:40 PM - 8:30 PM



**DIRECTOR**

**Denise Westfall** - Red Cross WSI - 36 Years

Please Enroll by Email - [d.d.westfall@cox.net](mailto:d.d.westfall@cox.net)

[ORUCES.com](http://ORUCES.com)

## ORU SWIMMING LESSONS 2017 DIRECTOR - DENISE WESTFALL

Sessions: (M-F) **1.** May 29 - June 9 (yes on Memorial Day)  
**2.** June 12 - June 23  
**3.** June 26- July 7 (yes on 4<sup>th</sup> of July)

Times:  
8:55 to 9:35  
9:35 to 10:15  
10:15 to 10:55  
10:55 to 11:35  
11:35 to 12:15  
12:15 to 12:55

Evening Classes: **4.** June 5 - June 15  
(M-Th) Times: 6:00 to 6:50, 6:50 to 7:40, 7:40 to 8:30  
Class Ages: Two-year olds through Adults

Location: ORU Aerobics Center Pool

Directions: Parking is in lot west of Aerobics Center (AC) at bottom of hill. AC is located at top of hill where Delaware ends at 81<sup>st</sup> Street. EVERYONE must enter AC by the front (NW) door. For those with strollers: continue past steps going east and make a u-turn to come back to front door. Think of all the great exercise you will get going up that hill!!!!

COST: \$65.00 for Daytime sessions  
\$70.00 for Evening sessions

Students grouped by age and ability. Five students per teacher. Beginner thru Advanced Swimmer, and Competitive Stroke. Great lessons for TEENS!! Fitness, stroke development, exercise, safety! Adults and teens, get 5 friends together and have your own class!!

Inquire about Private and Adult Classes

**DIRECTOR: DENISE WESTFALL**

PLEASE ENROLL BY EMAIL

Email: [d.d.westfall@cox.net](mailto:d.d.westfall@cox.net)

RED CROSS WSI 36 YEARS

**We have ten or more teachers, so friends and family can take lessons at the same time. 5 to 1 student/teacher ratio.**